Land Access and Opportunity Board: **Hearth Tending Committee**
March 12, 2025, 9:30 – 10:30a.m

Meeting Facilitator: Ornella Matta-Figueroa

Attendee	**Committee Members**
Board ● Susan Aranoff, Vermont DDC ● Samantha Langevin, Vermont RELEAF Collective	● Dan Coutu, VT Commission on Native American Affairs (VCNAA)
Guests & Public	

Meeting Notetaker: Jean Hamilton

Agenda

Meeting Convened by Facilitator,_Ornella___ @ 9:35	
1. Introductions & Check-in	● Name, Nominating Organization, ● Check-in ● Agenda Building
2.Discussion/ Updates	Smarter Growth Summit debrief/learnings - Separate the message from the messenger – is there anything worth learning? - NEW TOOL: Wait 24 hours before giving feedback. We want everyone to give and get the best feedback possible, and often we need 24 hours to understand the truth of what we are experiencing. Include in group agreements and at check-out/closing. - MUST UNDERSCORE DIFFERENCE BETWEEN DISCOMFORT and lack of safety. - NEW TOOL: EdJ coalition – conflict resolution platform, if you are feeling uncomfortable, there is someone to talk to. Neutral third party. - NEW TOOL: Reference the feelings wheel. Can you think of a time when you were uncomfortable but not unsafe? Whose responsibility is it to soothe your discomfort? - NEW TOOL: Prioritize and build in recovery time

	- When we have our K-moments: Where does the energy come from? What is it serving us? Envy, rage, anger at injustice. Feeling of power and that we should use it for something productive.
3. Process Check-in, Next Steps	● Reflections ● Next Steps ● Gratitudes
Meeting Adjourned at 10:30 AM	

Recurring Zoom Link - https://us02web.zoom.us/j/85603029734